CHEER ENERGY

Birthday Parties

Parties are available:
Saturday 2:30pm - 4:30pm
Sunday 10:30am - 12:30pm
Sunday 2:00pm - 4:00pm

- BYO Food & Drinks - Access to Kitchen (Fridge/ Freezer, Microwave & Kettle)
- Qualified Cheerleading party hosts
- Party Room Hire including tables, chairs and venue access 30 minutes prior
- Printable Party Invitations to send to guests

IT'S TIME TO GET THE PARTY STARTED...

A special gift for the birthday guest

PRICING

$360 for 10 guest,
$30 per additional guests

$100 Deposit required at the time of booking.
The remaining balance must be paid on the Thursday prior to the party

CHEER ENERGY
The Hills Action Centre: 10/10 Hudson Avenue, Castle Hill
infocheerenergyaustralia@gmail.com 0426 767 469

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FAQ

What days and times do you host parties?
Cheer Energy parties are held
Saturday 2:30-4:30pm
Sunday Morning: 10:30am - 12:30pm or Afternoon: 2:00pm - 4:00pm

When do I have access to the party room?
You gain access to the party room 30 minutes prior to the start time to set up anything you would like and have 30 minutes after the finish time to pack away.

What is included in the room hire?
Our party room is equipped with benches, chairs and tables that can be moved around to suit the theme of your party. You also have access to a kitchen (fridge, freezer, microwave and kettle).

What is not included?
Birthday cake, decorations, lolly bags, food and drinks, as well as any cutlery, cups, plates and napkins, are not included in Cheer Energy party packages.
Please note we do not allow Piñatas.

What do guests do during the party?
Our qualified cheerleading party hosts will teach guests a variety of cheerleading skills, stunts, tumbling and games within a 1.5 hour time frame.

Do guests get a break to eat food/ cake?
Yes, guests will receive a 15 minute food break in the middle of the party and 15 minutes at the end of the party for cake or cupcakes.

What food is best to bring?
Our most popular food that guests bring include: fruit, sandwiches, sushi, chips & lollies.
Delivery is available to the venue from food providers, however, it is your responsibility to order/ pay & pick up

What do guests wear?
Cheerleading parties are very active. Active wear/ tight fitted clothing is suitable for all activities.

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BIRTHDAY PARTY RULES

- Parties must start promptly and finish on time. If a party arrives late or starts late, the original time will still be adhered to, as we cannot run parties longer than contracted.
- Barefoot is acceptable however shoes/ joggers can be worn. Socks only are not permitted for safety reasons.
- When not with qualified coaches, children must be supervised by a parent or guardian.
- Please refrain from eating during activities. No drinks or snacks are allowed in cheerleading or tumbling rooms. All food and drink must be served on the tables in reception area.
- While adults are permitted on the floor to observe or take pictures, they must remove their shoes and are not be on any equipment at all.
- No Alcohol or Smoking: The Hills Action Facility is a smoke-free and alcohol-free environment. Consumption or possession of alcohol, cigarettes, vapes, or any other smoking substances is strictly prohibited on the premises. Violation of this rule may result in removal from the facility
- Please follow the coaches' instructions when using the Tumble Trak and Trampoline.
- Attempting flips that are not properly trained or spotted is prohibited.
- Students must be polite to each other and coaches. No bullying, hitting, or pushing will be tolerated.
- Confetti, Piñatas, or loose glitter is not permitted.
- If gifts are opened during the party, all wrapping paper is to be properly disposed of.
- Inability or unwillingness to follow the rules may result in removal from the gym.
- Please advise staff of any medical conditions of children attending.
- Host parents will be responsible for any damages that occur to the facility or equipment during their party.
- Coaches will assume anything left behind is to be discarded, so please be careful when
- gathering your belongings.
- In the event of an evacuation, staff will follow the gym's evacuation procedure and accompany
- All birthday party guests to the designated meeting point. Please be advised that in the event of an evacuation, you are required to follow the direction of the Cheer Energy staff.

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